

| <b>Numéro du livre</b> | <b>Auteur</b>                               | <b>Livre</b>                                       |
|------------------------|---|--|
| <b>1</b>               | Shane Snow                                  | Smartcuts  |
| <b>2</b>               | Ryan Holiday                                | Obstacle is the Way                                |
| <b>3</b>               | Barbara Oakley                              | Learning How to Learn                              |
| <b>4</b>               | Matthew Walker                              | Why We Sleep                                       |
| <b>5</b>               | Anders Ericsson                             | Peak   |
| <b>6</b>               | Daniel Kahneman                             | Thinking Fast and Slow                             |
| <b>7</b>               | Charles Duhigg                              | The Power of Habit                                 |
| <b>8</b>               | Brian Tracy                                 | Eat that Frog!                                     |
| <b>9</b>               | Joshua Foer                                 | Moonwalking With Einstein                          |
| <b>10</b>              | Cal Newport                                 | Deep Work  |
| <b>11</b>              | Cal Newport                                 | So Good They Cant Ignore You                       |
| <b>12</b>              | Neil Strauss                                | Emergency  |
| <b>13</b>              | Scott Adams                                 | How to fail at almost everything and still win big |
| <b>14</b>              | Daniel Pink                                 | Drive  |
| <b>15</b>              | Scott Young                                 | Ultralearning                                      |
| <b>16</b>              | Josh Kaufman                                | The first 20 hours                                 |
| <b>17</b>              | Steven Pinker                               | How the Mind Works                                 |
| <b>18</b>              | Peter Brown, Henry Roediger & Mark McDaniel | Make it Stick                                      |
| <b>19</b>              | Kevin Horsely                               | Unlimited Memory                                   |
| <b>20</b>              | Carol Dweck                                 | Mindset  |
| <b>21</b>              | Robert Maurer Ph.D.                         | Kaizen   |
| <b>22</b>              | James Clear                                 | Atomic H   |